Conforto térmico e estratégias para lidar com desconforto

Conforto térmico

Habitação verão

Habitação inverno

Pobreza energética

Saúde

Literacia

Participantes

Selecione o perfil

Sexo
All

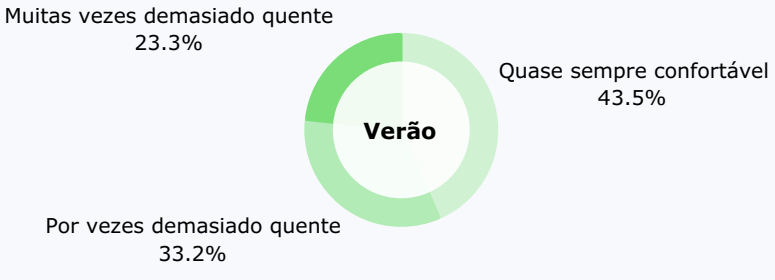
Grupo etário
All

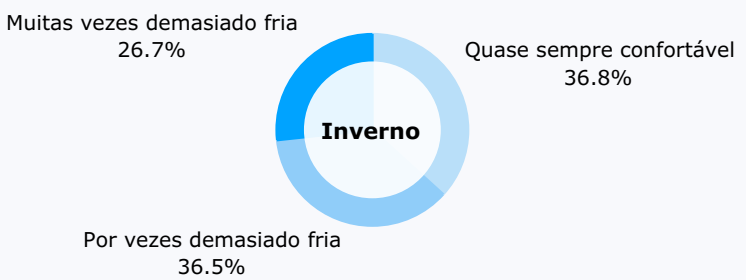
Escolaridade
All

UIT
All

Conforto financeiro
All

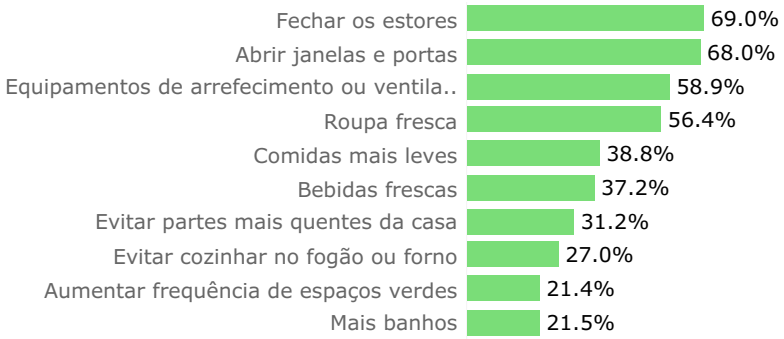
Selecione o nível de conforto térmico





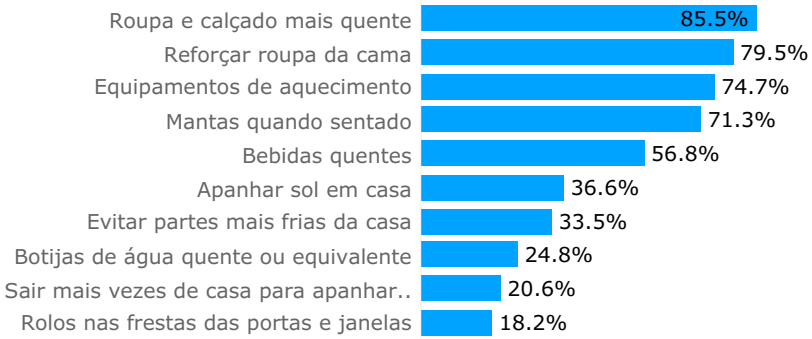
Estratégias de arrefecimento

N = 1,273

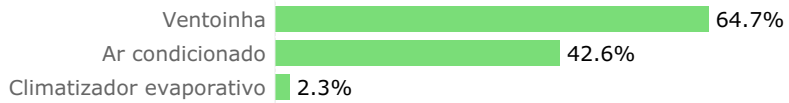


Estratégias de aquecimento

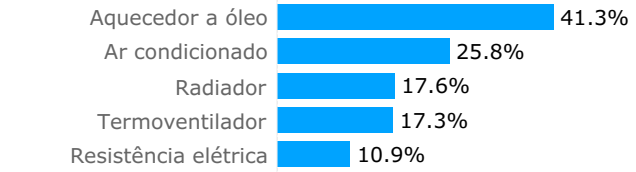
N = 850



Uso de equipamentos de arrefecimento



Uso de equipamentos de aquecimento



Promotor LISBOA E NOVA

Parceiros científicos ISAMB LISBOA

Em colaboração com ICS LISBOA bserva

Selecione o perfil

Sexo
All

Grupo etário
All

Escolaridade
All

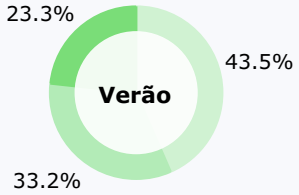
UIT
All

Conforto financeiro
All

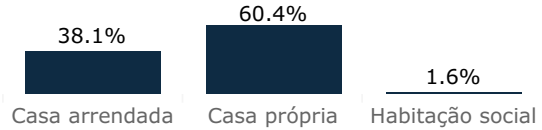
Características da habitação e conforto térmico..

N = 1,273

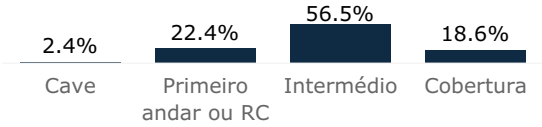
Selecione o nível de conforto térmico



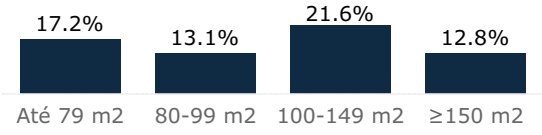
Tipo de casa



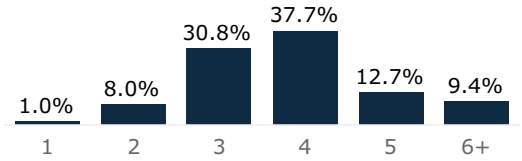
Tipo de apartamento



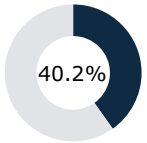
Área útil



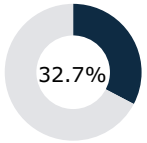
Número de assoalhadas



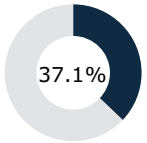
Problemas de humidade



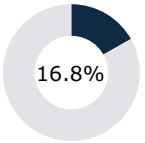
Janelas de vidro simples



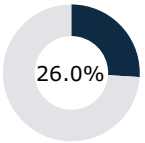
Janelas metálicas sem isolamento



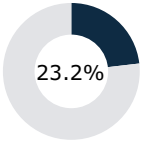
Mau isolamento do chão



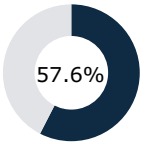
Mau isolamento das paredes



Mau isolamento do teto



Mau isolamento das janelas e portas



Promotor
Parceiros científicos
Em colaboração com

Selecione o perfil

Sexo
All

Grupo etário
All

Escolaridade
All

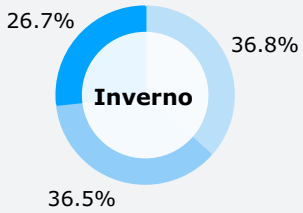
UIT
All

Conforto financeiro
All

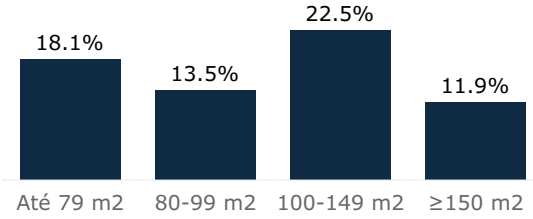
Características da habitação e conforto térmico..

N = 850

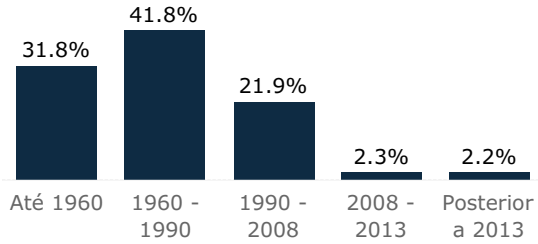
Selecione o nível de conforto térmico



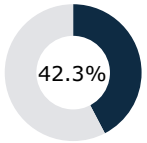
Área útil



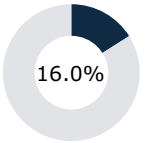
Ano de construção



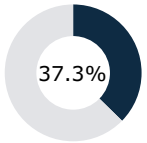
Problemas de humidade



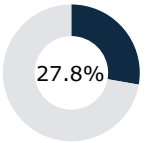
Mau isolamento do chão



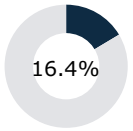
Janelas de vidro simples



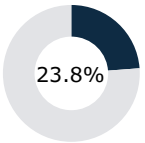
Mau isolamento das paredes



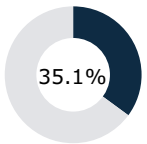
Janelas de madeira



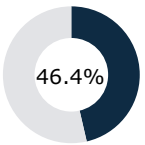
Mau isolamento do teto



Janelas metálicas sem isolamento



Mau isolamento das janelas e portas



Selecione o perfil

Sexo
All

Grupo etário
All

Escolaridade
All

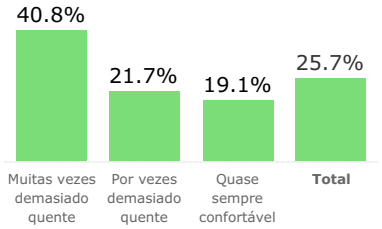
UIT
All

Conforto financeiro
All

Pobreza energética e custos com energia

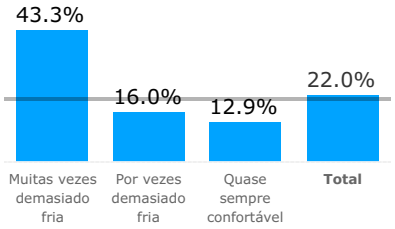
N = 818

% Incapacidade financeira para arrefecer a casa no verão



N = 835

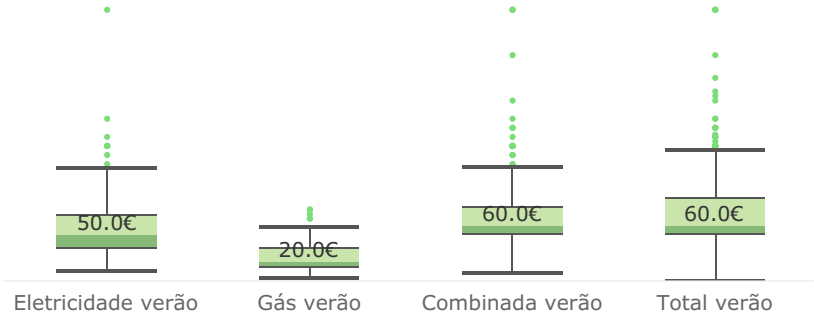
% Incapacidade financeira para aquecer a casa no inverno



N = 855

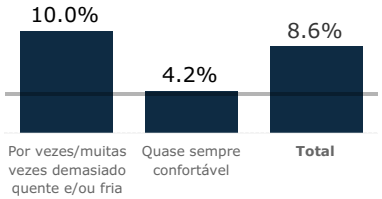
Distribuição do valor médio mensal das faturas de energia no verão

Dados não ponderados



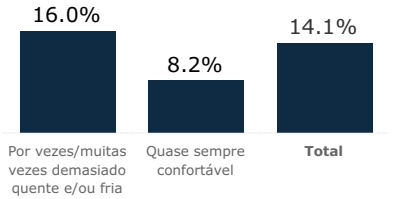
N = 1,347

% Atrasos no pagamento da faturas de energia por incapacidade financeira



N = 1,391

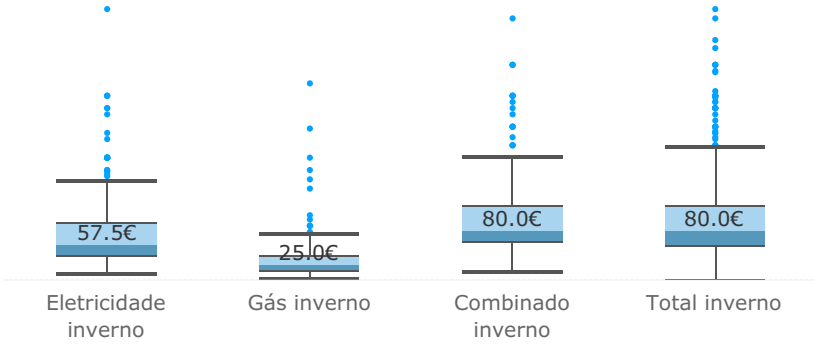
% Situação financeira do agregado familiar difícil ou muito difícil



N = 850

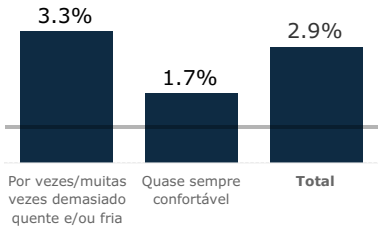
Distribuição do valor médio mensal das faturas de energia no inverno

Dados não ponderados



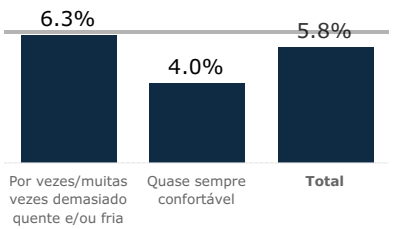
N = 1,218

% Beneficiários da tarifa social de gás



N = 1,220

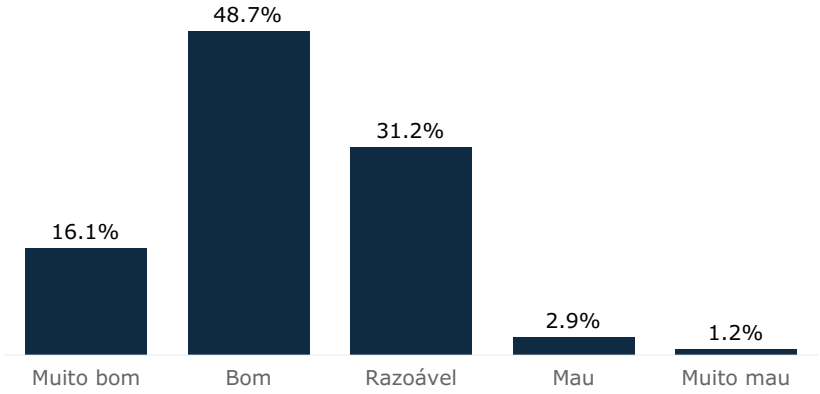
% Beneficiários da tarifa social de eletricidade

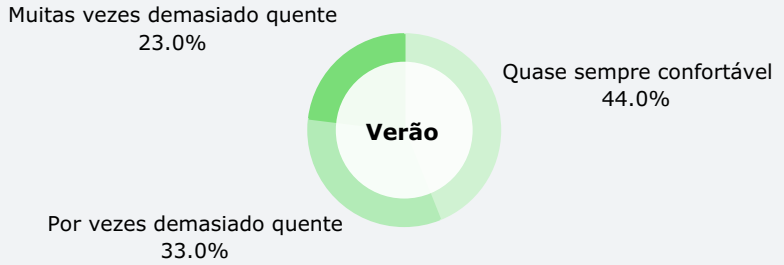


Estado geral de saúde e conforto térmico

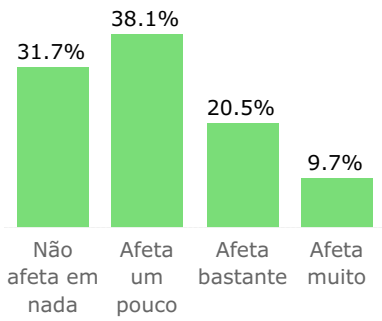
N = 1,391

Selecione o nível de estado geral de saúde (autorrelatado)

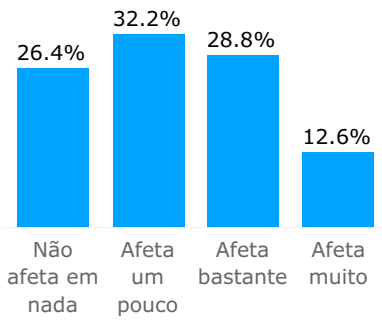


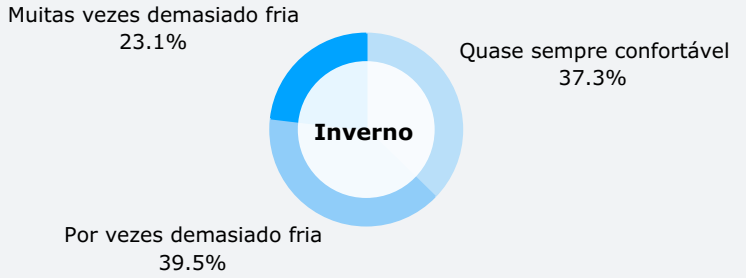


Perceção de impacto do calor na saúde



Perceção de impacto do frio na saúde





Selecione o perfil

Sexo
All

Grupo etário
All

Escolaridade
All

UIT
All

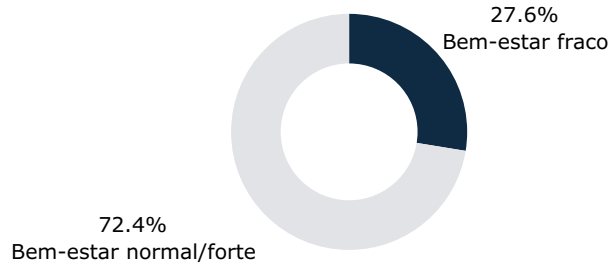
Conforto financeiro
All

Promotor LISBOA E NOVA | Parceiros científicos ISAMB LISBOA ubkir | Em colaboração com ICS LISBOA observa

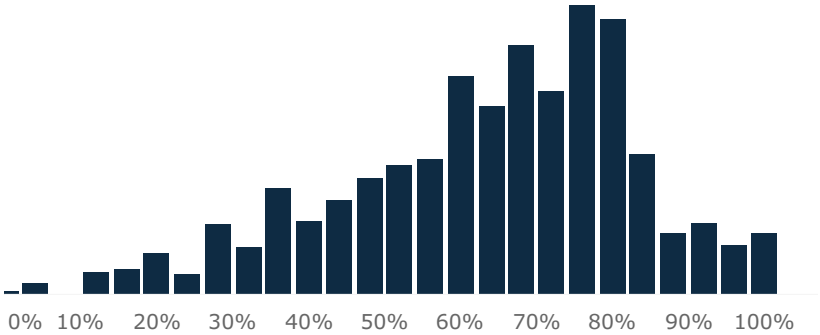
Bem-estar e conforto térmico

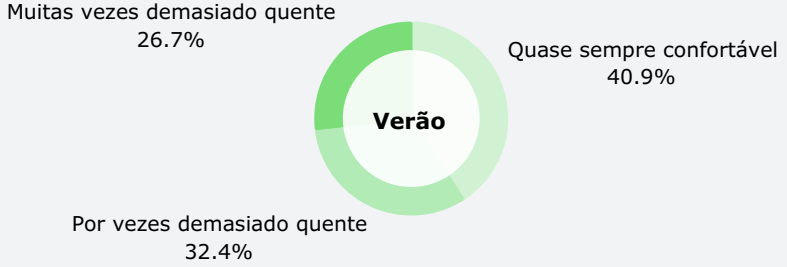
N = 850

Selecione o nível de bem-estar (WHO-5)



WHO-5 percentagem





Selecione o perfil

Sexo
All

Grupo etário
All

Escolaridade
All

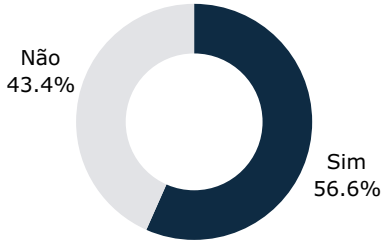
UIT
All

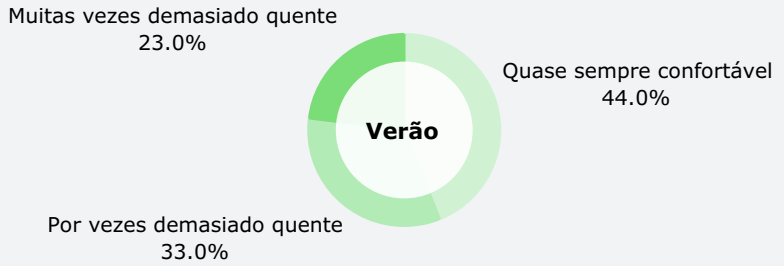
Conforto financeiro
All

Doença crónica e conforto térmico

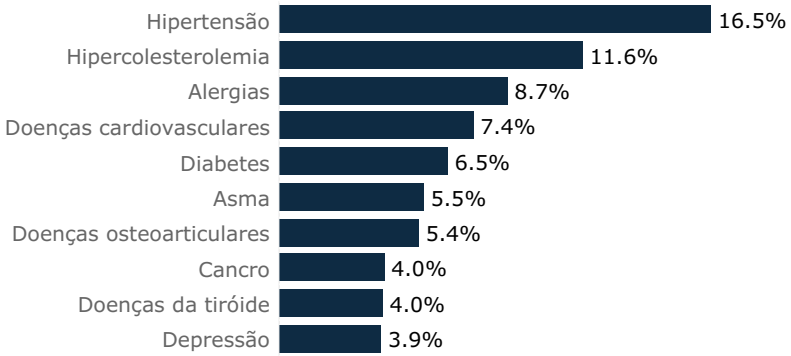
N = 1,391

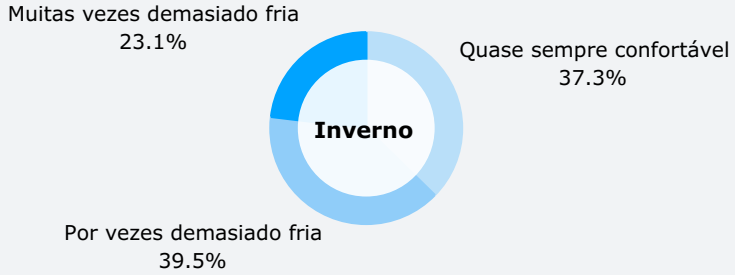
Selecione o estado de doença crónica (autorrelatado)





Tipos de doenças crónicas





Selecione o perfil

Sexo
All

Grupo etário
All

Escolaridade
All

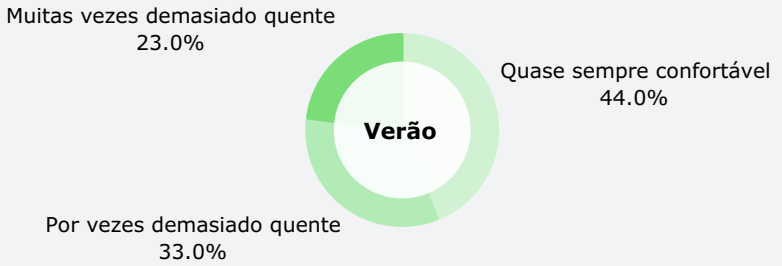
UIT
All

Conforto financeiro
All

Medicação e conforto térmico

Selecione o uso (ou ausência) de medicação regular

N = 1,391



Antihipertensor

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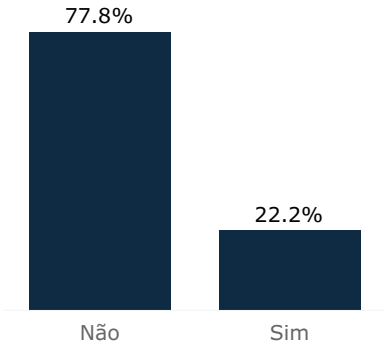

Psicofármacos

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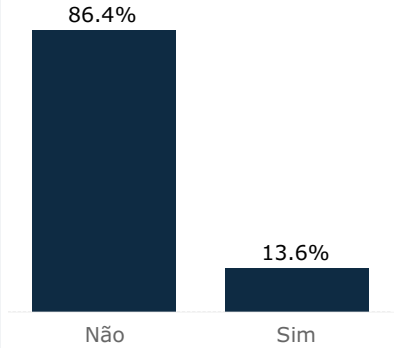
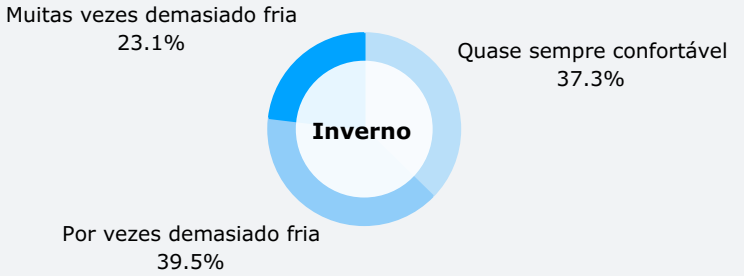




Selecione o perfil

Sexo
All

Grupo etário
All

Escolaridade
All

UIT
All

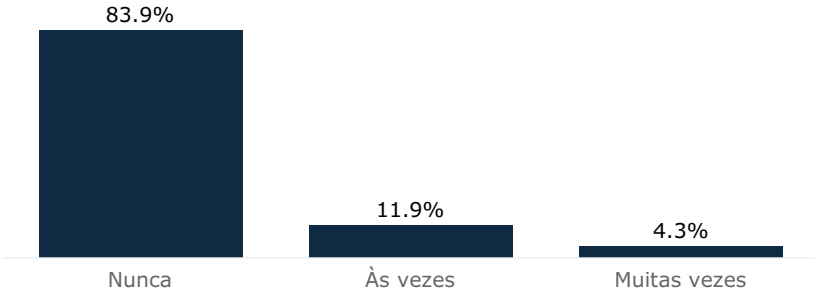
Conforto financeiro
All

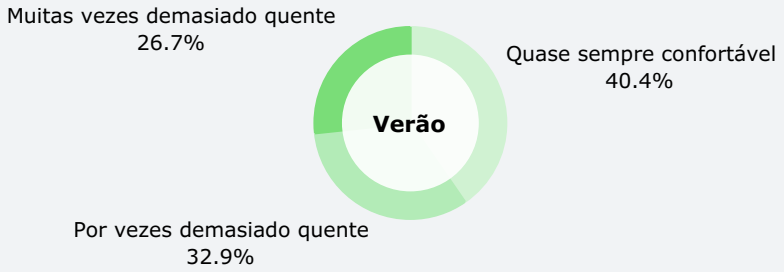
Insegurança alimentar e conforto térmico

N = 1,053

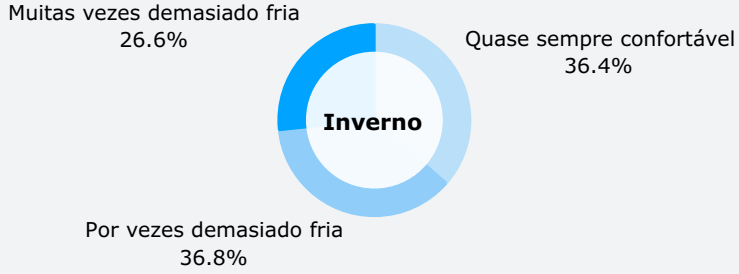
Selecione o nível de insegurança alimentar:

Preocupação pela possível falta de alimentos





Carência de alimentos por dificuldade económica



Selecione o perfil

Sexo
All

Grupo etário
All

Escolaridade
All

UIT
All

Conforto financeiro
All

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Atividades do dia-a-dia e conforto térmico

Conforto térmico

Habitação verão

Habitação inverno

Pobreza energética

Saúde

Literacia

Participantes

Selecione o perfil

Sexo
All

Grupo etário
All

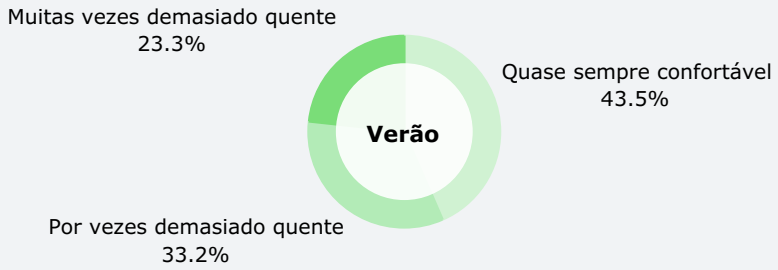
Escolaridade
All

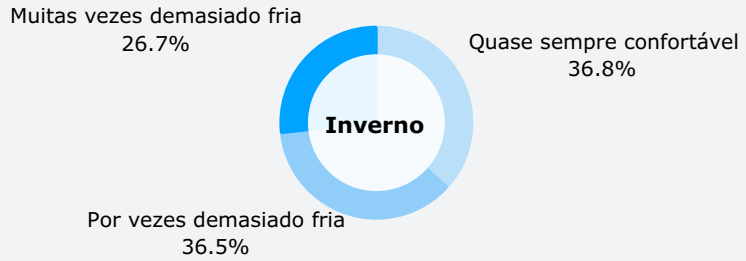
UIT
All

Conforto financeiro
All

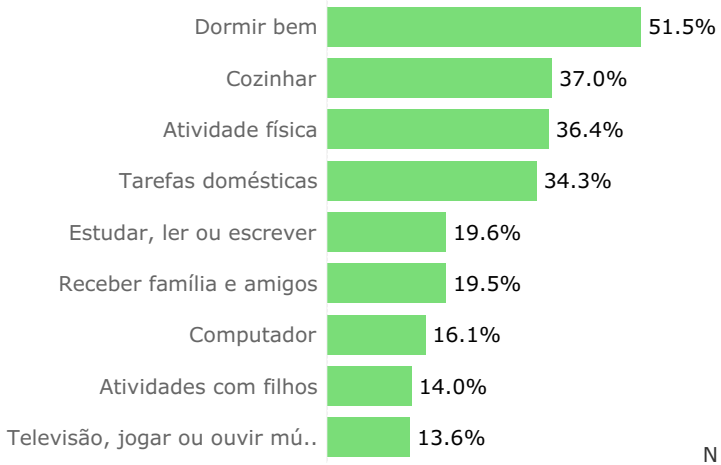
Estado geral de saúde | **Bem-estar** | **Doença crónica** | **Medicação regular** | **Insegurança alimentar** | **Atividades diárias** | **Modelos preditores**

Selecione o nível de conforto térmico

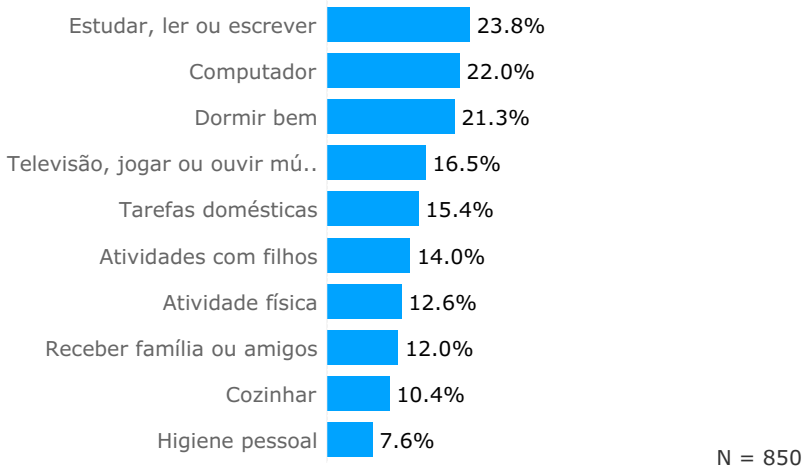




Atividades do dia-a-dia dificultadas pelo calor no verão



Atividades do dia-a-dia dificultadas pelo frio no inverno



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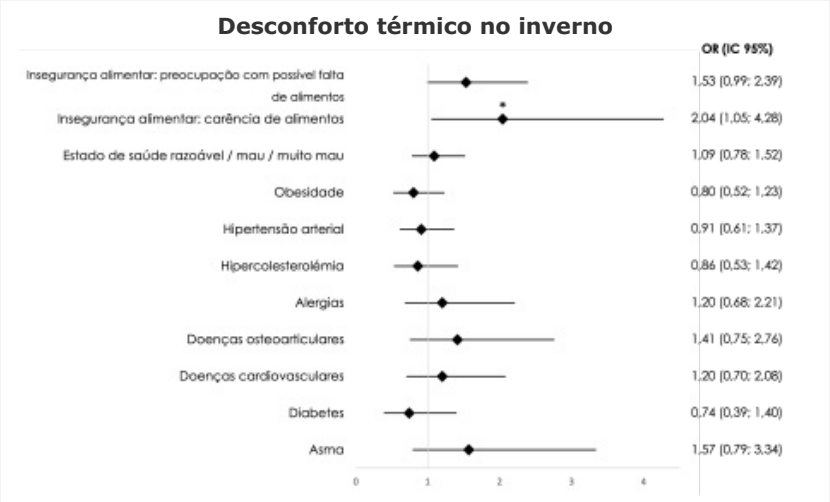
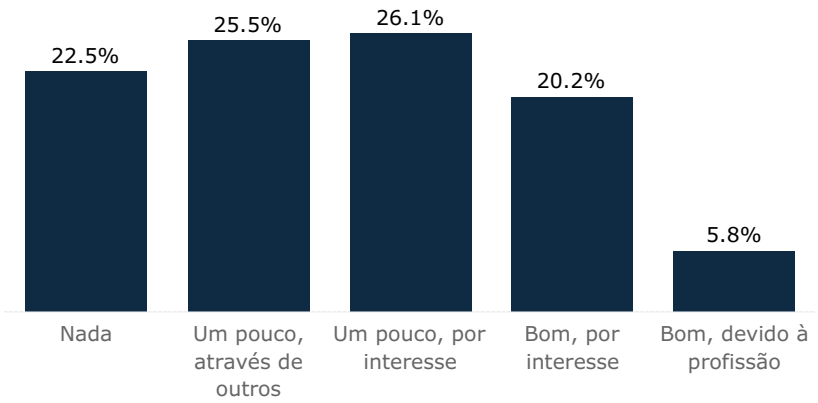
Modelos preditivos de desconforto térmico (Dados não ponderados)



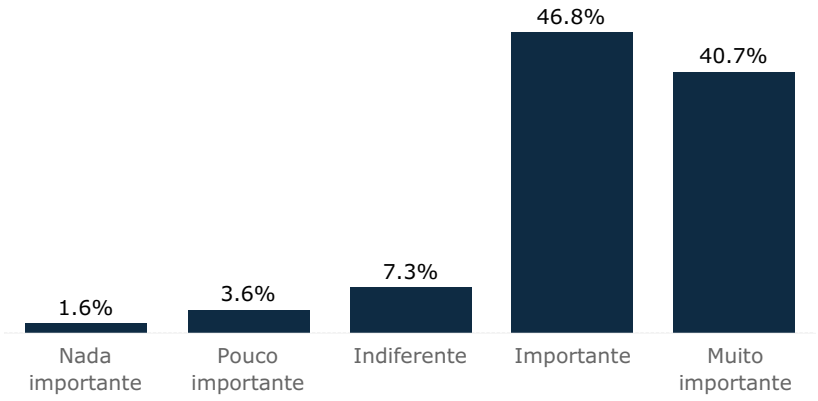
Literacia sobre energia e conforto térmico

N = 1,391

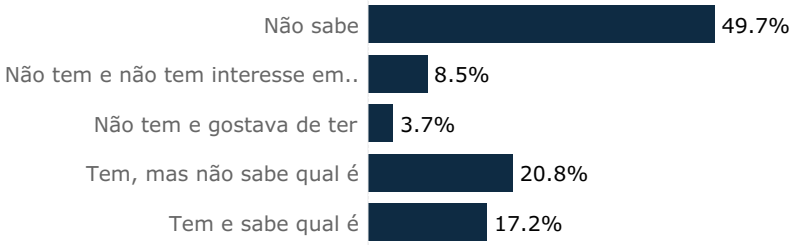
Perceção do nível de conhecimento sobre energia e conforto térmico



Importância de gabinetes de aconselhamento público sobre energia e conforto térmico

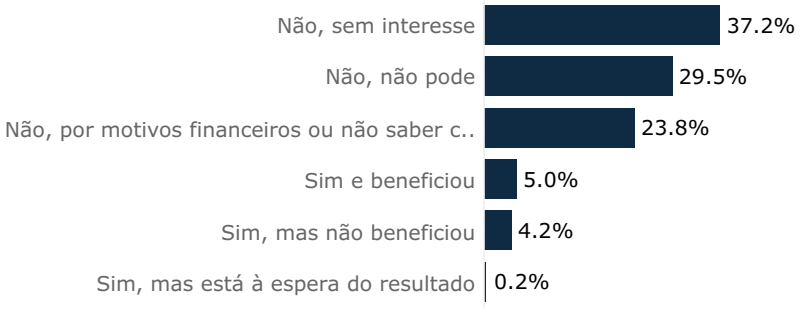


Conhecimento da classe energética da habitação



Conhecimento de programas de apoio para melhoria da eficiência energética

Candidatura a programas de apoio para melhoria da eficiência energética



Selecione o perfil

Sexo
All

Grupo etário
All

Escolaridade
All

UIT
All

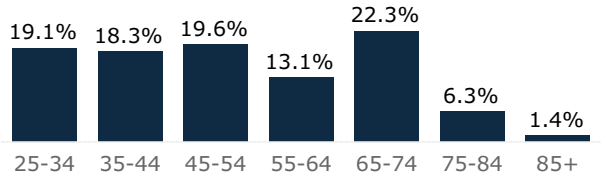
Conforto financeiro
All

Quem participou no estudo? (Dados não ponderados)

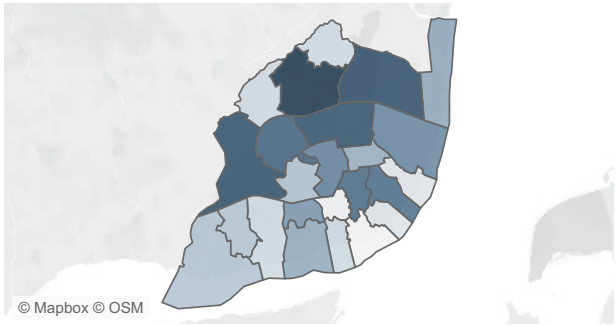
N = 1,391

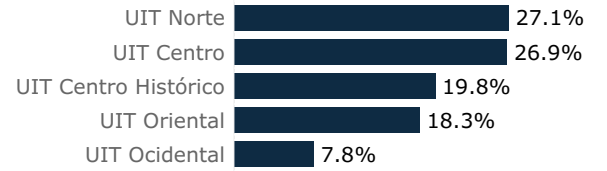
Sexo

Idade

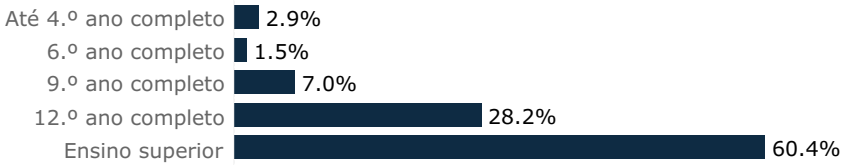


Freguesias

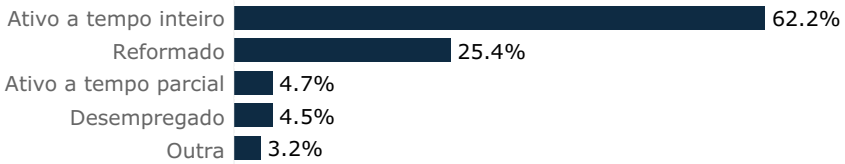




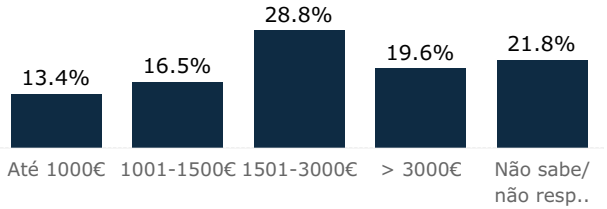
Escolaridade



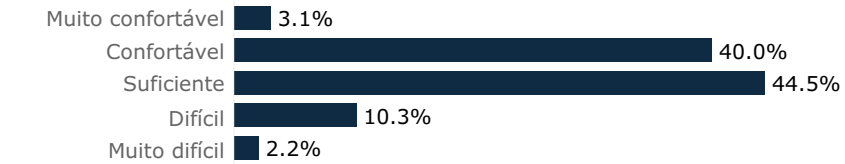
Situação profissional



Rendimento líquido do agregado familiar



Conforto financeiro do agregado familiar



Média do rácio habitantes por assoalhada

0.68

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